

336 - 338 Montague Road PO Box 5786 West End Qld 4101

Ph: 07 3010 3000 Fx: 07 3844 2551

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To whom it may concern,

## Reference for Fitness 4 U

Fitness 4 U conducted twelve weeks worth of group fitness training sessions for The Coffee Club Corporate Office, West End.

Coffee Club staff found the *Fitness 4 U* program to be very fun and effective. The program was tailored to suit all levels of fitness and encouraged team building and promoted work/life balance.

Fitness 4 U staff were all friendly, supportive and professional.

We look forward to working with Fitness 4 U again soon.

Regards,

**Emmanuel Kokoris** 

Director

The Coffee Club Franchising