



Idemitsu Australia Resources Pty Ltd

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31st July 2012

Ron Daniels

Fitness 4U

PO Box 7

Indooroopilly QLD 4068

REFERENCE

Idemitsu Australia Resources Pty Ltd ("IAR") have engaged Fitness 4U for our Corporate fitness program for the past 3 months. The Fitness 4U fitness sessions provided to IAR staff is a company initiative to promote fitness, well-being and social camaraderie.

From the outset when looking at several personal fitness providers Fitness4U were chosen because of price, flexibility, testimonials from past clients and the qualified staff provided.

Ron and Christine meets us on a once a week basis, their friendly approach is welcomed by everyone and puts even the inexperienced fitness novices at ease. Each week the sessions are varied with different strength and cardio focussed exercises with Fitness4U providing the necessary equipment.

Fitness4U have made every session worthwhile where IAR staff look forward to the next session in anticipation. Accommodating IAR staff's varying fitness capabilities was also an important factor in our fitness program as it was essential that participation was encouraged in the company.

I have no hesitation in recommending Fitness4U as a fitness provider to prospective clients.

Regards,

James Paongo

Financial Accountant